



Carlos Hilado Memorial State University CHMSU Messenger

Stay Connected. Get Engaged. Be Animated.



All deans, department chairs, and faculty members are enjoined to initiate and integrate the said themes in course lessons and activities. Office heads are likewise encouraged to help promote the theme in their offices.

The Week Ahead

Date	Time	Activity/ Event	In-charge	Audience/ Participants	Location/ Venue
Dec 2	8:00 AM - 5:00 PM	HIV 18TH Day Campaign Orientation	Gender and Development Office	Faculty, Staff, and First-year students	Multi-purpose Gym, Talisay Campus
Dec 2	8:00 AM - 12:00 PM	HIV/ AIDS Testing and Counselling	Gender and Development Office	Faculty, Staff, and First-year students	Covered Court, Fortune Towne Campus
Dec 2	9:00 AM - 5:00 PM	3rd Surveillance External Audit	Quality Management Office	Binalbagan Process Owners	Library Audio Visual Room, Binalbagan Campus
Dec 3	9:00 AM - 5:00 PM	3rd Surveillance External Audit	Quality Management Office	Talisay Process Owners	Audio Visual Room, Talisay Campus
Dec 3	8:00 AM - 12:00 PM	HIV/ AIDS Testing and Counselling	Gender and Development Office	Faculty, Staff, and First-year students	Clinic, Binalbagan Campus
Dec 4	8:00 AM - 12:00 PM	HIV/ AIDS Testing and Counselling	Gender and Development Office	Faculty, Staff, and First-year students	Audio Visual Room, Alijis Campus
Dec 4	1:00 PM - 5:00 PM	HIV/ AIDS Testing and Counselling	Gender and Development Office	Faculty, Staff, and First-year students	Multi-purpose Gym, Talisay Campus
Dec 5	8:00 AM - 5:00 PM	2025 Volunteerism Expo	PNVSCA, Center for Internationalization and External Relations	Students from CHMSU	North Block, SM City Bacolod City

Highlights of the Week

- The Library and Information Services at the Alijis and Fortune Towne Campuses welcomed librarians from the Bataan Peninsula State University and Nueva Viscaya State University during their benchmarking activities on Nov. 27, 2025 as part of the Philippine Librarians Association Inc. (PLAI) National Congress 2025 in Bacolod City.
- The Library and Information Services in Talisay Campus welcomed delegates from Isabela State University, Central Luzon State University, and the Department of Environment and Natural Resources for a benchmarking on Nov. 27, 2025.
- The Library and Information Services across all campuses celebrated the National Book Week 2025 through various fun activities for students and faculty members. Themed "Tulay ang Pagbasa sa Bukas na Puno ng Pag-asa," the celebration was held from Nov. 23 to 26, 2025.
- CHMSU Alijis Campus students, faculty, staff, and personnel gathered at the AVR on November 28,

2025, to give new homes to pre-loved clothes, toys, gadgets, and housewares during FreeCycle Day. Organized by CIER, OSAS, BIT first-year students, BS CpE and BSECE students, Chairperson Nathaniel Jamandron, and GE faculty, the activity encouraged sustainability and community sharing across the campus.

- CHMSU Binalbagan Campus came alive on November 27, 2025, as students showcased their creativity and brilliance in literary arts during "Pasindaw 2025." The event served as a vibrant highlight of the university-wide Intramurals, celebrating student talent, artistic expression, and campus pride.
- CHMSU's Intramurals 2025 Opening Ceremonies kicked off across four campuses, beginning on November 24 at Binalbagan Campus, continuing on November 26 at Talisay and Alijis Campuses, and concluding on November 27 at Fortune Towne Campus, with each campus hosting lively benchmarking and cheerdance competitions and the Mr. and Ms. Intramurals 2025 preliminaries to officially start the week-long celebrations.



- CHMSU completed its second Institutional Management Review for 2025 on November 20–21 at the Talisay Main Campus Function Hall. Administrators and quality managers met to assess operational performance and refine the university's strategic direction toward greater institutional excellence.
- Key CHMSU officials met at Seda Capitol Central on November 19, 2025, for the 3rd Quarter Performance Review and the FY 2027 Local Budget Review. The session evaluated the university's progress toward its targets and reinforced its commitment to good governance and accountability.
- CHMSU actively joined activities and competitions for the 21st Provincial Wildlife Month this November, demonstrating support for environmental conservation efforts. The university's participation highlighted its advocacy for biodiversity and ecological stewardship.



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CURRENT STATE OF HIV IN THE PH

252,800 Estimated People Living with HIV (PLHIV) by the end of 2025

139,610 Diagnosed PLHIV	5,960 Newly-enrolled to Pre-Exposure Prophylaxis (PrEP)
92,712 PLHIV currently on life-saving Antiretroviral Therapy (ART)	25 to 34 years old (young adults) Major users of PrEP
41,786 PLHIV tested for viral load (VL)	

Source: HIV & AIDS Surveillance of the Philippines, Department of Health - Epidemiology Bureau (as of March 2025)

DIAGNOSIS

Based on newly reported cases (January-March 2025)

5,101 Newly reported cases

4,849 Male	252 Female
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1,122 Advanced HIV Disease cases
57 Average cases per day

Regions with Highest Reports of Newly Diagnosed Cases

National Capital Region (NCR)	Western Visayas (Region VI)
CALABARZON (Region IV-A)	Central Visayas (Region VII)
Central Luzon (Region III)	Davao (Region XI)

HOW TO TREAT HIV?

ANTIRETROVIRAL THERAPY (ART)

Refers to using a combination of three or more ARV (Antiretroviral drugs) to achieve viral suppression. This relates generally to lifelong treatment.

4,658 Newly enrolled to ART January-March 2025

Early assessment of a patient's eligibility for ART and timely initiation of ART can prevent other infections and comorbidities, improve the overall survival of people living with HIV, and prevent further transmission of the virus.

STOP VAW **LOOK** behind the silence **LISTEN** with compassion

18-Day Campaign to End Violence Against Women
November 25-December 12, 2025

Source: 2022 National Demographic and Health Survey

VIOLENCE AGAINST WOMEN IN THE PHILIPPINES

Ever-Married Women's Experience of Intimate Partner Violence (emotional, physical, or sexual)

Year	Percentage
2008	29%
2017	24%
2022	18%

Marital Control

9% of women age 15-49 reported that their current or most recent husband/intimate partner had ever exhibited three or more specific types of controlling behaviors

Intimate Partner Violence

- 6% Physical Violence
- 2% Sexual Violence
- 15% Emotional Violence

Violence during Pregnancy

3% women age 15-49 experienced physical violence during pregnancy

Awareness of Places to Seek Help

- 88%** Barangay Vaw Desk
- 87%** DSWD Regional Center for Women or Girls
- 85%** PNP Women and Child Protection Center

Help Seeking Behavior

- 42%** have never sought help or told anyone about the violence
- 24%** told someone about the violence but did not seek help
- 34%** sought help to stop the violence

Source: Philippine Information Agency
<https://pia.gov.ph/gallery/violence-against-women-in-the-philippines/>

Source: Philippine Information Agency
<https://pia.gov.ph/gallery/infographics/current-state-of-hiv-in-the-philippines/>