



Carlos Hilado Memorial State University CHMSU Messenger

Stay Connected. Get Engaged. Be Animated.

Carlos Hilado Memorial State University
Alijis Campus • Binalbagan Campus • Fortune Towne Campus • Talisay (Main) Campus
Themes for the Month of April



All deans, department chairs, and faculty members are enjoined to initiate and integrate the said themes in course lessons and activities. Office heads are likewise encouraged to help promote the theme in their offices.

The Week Ahead

Date	Time	Activity/ Event	In-charge	Audience/ Participants	Location/ Venue
Apr 8 - 11		12th PASUC National Culture and the Arts Festival	Culture and the Arts Affairs Office, Office for Student Affairs and Services	Students, coaches, coordinators	West Visayas State University, Iloilo City
Apr 7 - 8		AI-Powered Curriculum Mapping Writeshop	CIMD	College Deans, Program Chairpersons, & Unit Heads	Function Hall, Talisay (Main) Campus
Apr 10	9:00 AM - 11:30 AM	Council of Deans Meeting	VPAA	College Deans, Unit Heads	via Zoom
	10:30 AM - 11:30 AM	Library Staff Monthly Meeting	All Head Librarians	All Library Staff	All University Libraries
	9:30 AM - 11:30 AM	VPREIP Monthly Meeting	VPREIP	Unit Heads, Deputy Directors, Coordinators	via Zoom
Apr 11 - 12		AEP Midterm Examination	AEP	AEP Students, Faculty	Fortune Towne & Talisay (Main) Campuses
Apr 11		NSTP Community Immersion	NSTP	NSTP Students, Coordinators, Instructors	All Campuses

Highlights of the Week

- The House Committee on Higher and Technical Education (CHTE) has appointed Negros Occidental 3rd District Rep. Javier Miguel Benitez as permanent representative to the Board of Regents (BOR) of the Carlos Hilado Memorial State University Feb. 19. The designation, effective Jan. 1, 2026 until June 30, 2028, was issued by CHTE chairperson and Tingog partylist Rep. Jude Acidre, pursuant to Section 3 of Republic Act 8292, or the Higher Education Modernization Act of 1997.
- The Gender and Development (GAD) Office, in collaboration with the Amlig Health Clinic of Corazon Locsin Montelibano Memorial Regional Hospital and the CHMSU Medical Clinic, conducted a medical mission today, March 30, 2026, at the Fortune Towne Campus Covered Court. Faculty, staff, students, and members of the community surrounding the Fortune Towne

Campus availed of the free medical check-up and HIV screening. They also received prescriptions and complimentary vitamins. GAD also provided free snacks and giveaways to all participants.

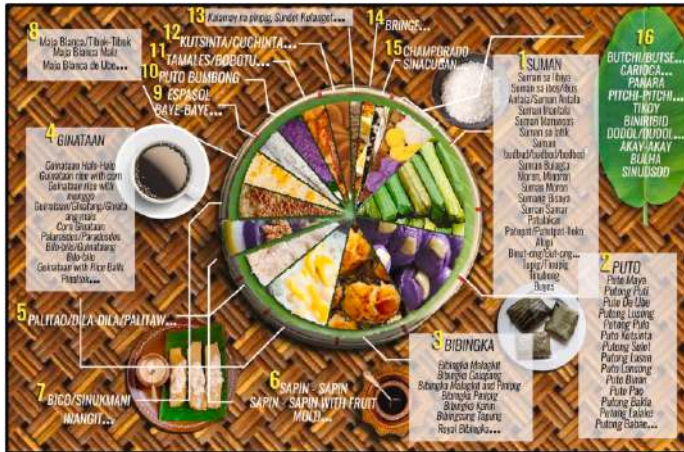
- The Gender and Development (GAD) Office conducted a medical mission on March 31, 2026, at the Binalbagan Campus Covered Court. Faculty, staff, students, and members of the community surrounding the Binalbagan Campus availed of the free medical check-up. They also received prescriptions and complimentary vitamins, as well as free snacks. Joining the activity were doctors and nurses from Ignacio L. Arroyo Memorial District Hospital, Gov. Valeriano M. Gatuslao Memorial Hospital, Binalbagan Infirmary, and Gaudite Clinic.
- Carlos Hilado Memorial State University (CHMSU) has been conferred the Platinum Cluster Award



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by the Intellectual Property Office of the Philippines (IPOP) in recognition of its exceptional performance and contributions to intellectual property development and innovation. The award was presented during the ITSO Summit 2026 on March 25 in Iloilo City. The accolade is granted to Innovation and Technology Support Offices (ITSOs) that meet stringent requirements, including filing a minimum of 10 patent applications, which demonstrates dedication to fostering innovation and safeguarding intellectual assets.



<https://www.sciencedirect.com/science/article/pii/S1878450X22000579>

Source: B. D. M. de Villa et. al (2022) from International Journal of Gastronomy and Food Science via Science Direct

FAVORITE PINOY FOOD COMBINATIONS

one isn't as delicious without the other

<p>PUTO AND DINUGUAN</p>	<p>Dinuguan is good when served with rice, but wait until you taste it with putong puto, a type of rice cake. The sweet and starchy taste of the puto complements the savory and meaty flavor of the dinuguan. The yin & yang of Filipino food combinations, puto and dinuguan easily wins the heart of every Filipino who's looking for a heavy merienda.</p> <p>To eat, just dip the puto into the sauce of the dinuguan. Make sure to get some of the meat!</p> <p><i>Trivia: First Filipino astronaut to be Chino Roque loves puto and dinuguan!</i></p>
<p>TUYO AND CHAMPORADO</p>	<p>Before salted caramel became a craze, Filipinos were already enjoying the marriage of salty & sweet by pairing tuyo & champorado. A comfort food for many, tuyo and champorado is best enjoyed during rainy mornings.</p> <p>Quick champorado recipe: Dissolve tablea (pure chocolate) into boiling water. Add glutinous rice, and stir constantly for about 15-25 mins. until cooked. Add sugar and top with milk. Serve.</p>
<p>MANGGA AND BAGOONG</p>	<p>Mangga & bagoong cravings are no longer exclusive for pregnant women! Everyone can have random cravings of the fruity sour taste of green mango combined with flavorful bagoong.</p> <p>Quick bagoong recipe: Sauté garlic and onion, then add the bagoong (shrimp paste). In bowl, mix equal parts of soy sauce and vinegar, add a little sugar then mix with the bagoong. Let it reduce for a bit. Add chili if desired.</p>
<p>TAPSILOG</p>	<p>Big day? Start it up with a big breakfast of beef tapa, sinangag (fried rice), and itlog (fried egg)—better known as tapsilog! Aside from the fact that tapsilog fills our stomach, Filipinos also love it because it can be served quickly. Perfect for morning rush hours!</p> <p>Over time, Filipinos have also come up with other "silog" combinations - hotdog, longsilog (longganisa), cornsilog (corned beef), and hamasilog (ham). Extra fried rice, please!</p>
<p>KAPE AND PANDESAL</p>	<p>"Walang matigas na pandesal sa mainit na kape," a popular Filipino saying goes. That saying may have a deeper meaning, but one thing's for sure: pandesal - whether freshly baked or a day old - always goes best with a steaming cup of coffee.</p> <p>To eat, just dip your pandesal into your hot coffee. It's better than eating or drinking either separately. Just make sure you have a bag of pandesal, 'cause a single piece is definitely not enough. A perfect jump-starter in the morning, but can be enjoyed any time of the day.</p>

FIFA World Cup
begins in June 2026

WORLD INTELLECTUAL PROPERTY (IP) DAY

IP and Sports: *Ready, Set, Innovate!*

On World IP Day, April 26, we celebrate the creators, inventors and entrepreneurs who are shaping the sports industry.

IP DEFINITIONS

 TRADEMARK Any word, phrase, symbol, design, or a combination of these things that identifies goods or services.	 INDUSTRIAL DESIGN The ornamental aspect of an object.	 PATENT An exclusive right granted for an invention.	 COPYRIGHT The rights that creators have over their literary and artistic works.
 The words FIFA , FIFA World Cup 26 and even the trophy are forms of intellectual property (IP).	 Adidas designed the Official Match Ball, the TRIONDA .	 IP guidelines are set years in advance.	
So many types of IP are included in this event, from broadcasting and media rights to the logos of players' sports gear and equipment. Not to mention all the partners and sponsors, then there's FIFA merchandise and collectibles.		FIFA's IP rights protect against unauthorized usage and misrepresentation. Having these rights in place allow for the economic success of this momentous tournament. Look out for the many forms of IP at FIFA World Cup 26!	

To learn more about IP, contact the Bermuda Intellectual Property Office at: 246-8848 or email: rg@intellectualproperty@gov.bm

GOVERNMENT OF BERMUDA
Registry General

Infographic prepared by Isabelle Laureta

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Myerkules, 8 PM
GMA News TV 11

<https://www.gmanetwork.com/news/newstv/ijuander/354189/infographic-pino-y-food-combinations/story/>

Source: GMA News

<https://bernews.com/2026/04/registry-general-recognises-world-ip-day-2/>

Source: Bermuda Intellectual Property Office