



Carlos Hilado Memorial State University CHMSU Messenger

Stay Connected. Get Engaged. Be Animated.



All deans, department chairs, and faculty members are enjoined to initiate and integrate the said themes in course lessons and activities. Office heads are likewise encouraged to help promote the theme in their offices.

The Week Ahead

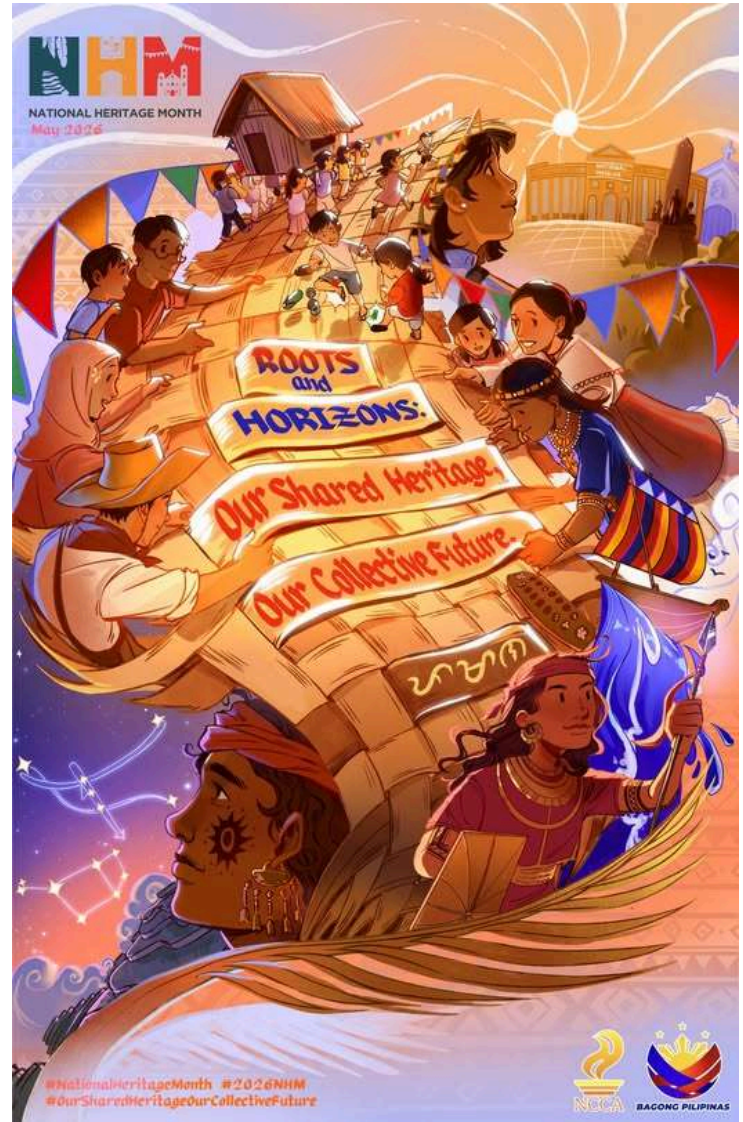
Date	Time	Activity/ Event	In-charge	Audience/ Participants	Location/ Venue
May 25, 26, 28, & 29		End-Term Examination	VPAA, Colleges	Students, Faculty	Alijis, Binalbagan, and Fortune Towne Campuses
May 28-29		End-Term Examination	VPAA, Colleges	Students, Faculty	Talisay (Main) Campus
May 25-29		Read & Brew	Library and Information Services	Students, Faculty, Staff	All University Libraries
May 25-26	8:00 AM - 5:00 PM	Training-Workshop in Using Pedagogical Translanguaging in Teaching English: Responding to the Challenges of the MATATAG Curriculum	ACELT, BA English Language Program, CIER	Faculty, Invited Instructors	Function Hall, Talisay (Main) Campus
May 28	10:00 AM	SDGs Unplugged Virtual Chats Series: "The Flow to Recovery after Disasters"	CIER, Nature's Spring Foundation, Inc.	Students, Faculty, Staff, Stakeholders	via Zoom & Facebook Live
May 29	8:00 AM - 4:00 PM	Symposium on Legal Rights with KAISAHAN	CHRE, CIER, KAISAHAN	Students, Faculty, Staff, Stakeholders	Function Hall, Talisay (Main) Campus

Highlights of the Week

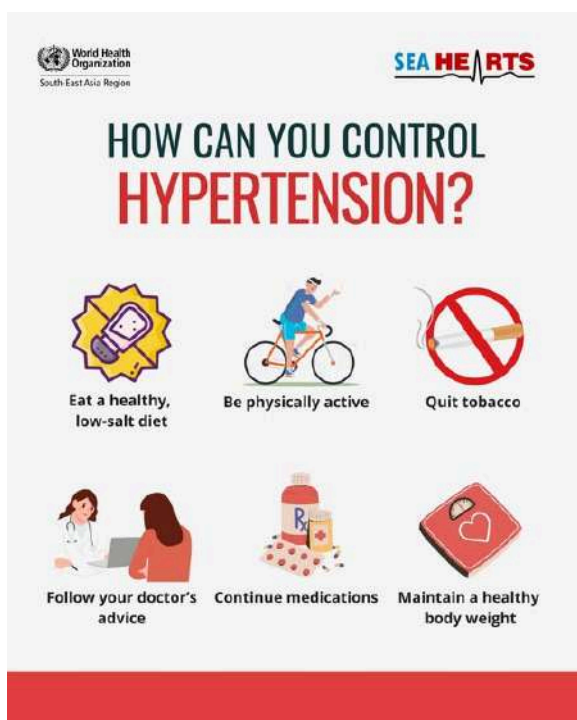
- In observance of Open Government Week 2026, Carlos Hilado Memorial State University (CHMSU) held the Freedom of Information (FOI) Drive: Enhancing Transparency and Institutional Compliance symposium at the Function Hall of its Talisay (Main) Campus on May 18, 2026. Organized by the Records Management Unit (RMU), the activity brought together university officials, faculty, and staff for a morning of discussion centered on the importance of transparency and accountability — key responsibilities of government agencies, including state universities. The symposium featured lectures on FOI and transparency delivered by Vice President for Administration and Finance Jay Estrellas and RMU Head Rebecca Gegantoni.
- As part of the OGW, CHMSU held an insightful online discussion dedicated stakeholders on FOI and the Republic Act No. 11032 or the "Ease of Doing Business and Efficient Government Service Delivery Act." The activity featured PME Head Maria Agnes Arcenas, who touched on RA 11032 and ARTS, and RMU Head Rebecca Gegantoni discussed the FOI and transparency process in CHMSU.
- Pres. Norberto Mangulabnan held the President's Dialogue with student-leaders and GASS staff and personnel as he begins his second term as the chief of the institution. Held held the dialogue in Binalbagan Campus on May 19, 2026 at the Library AVR, and on May 20, 2026 at the Function Hall, Talisay (Main) Campus with student-leaders and GASS personnel from the Alijis, Fortune Towne, and Talisay (Main) Campuses.
- The annual Seniors AIM HIGH program gathered graduating student from May 18-21, 2026, across all campuses. The initiative aimed to prepare the

students to step into the next chapter of their lives. The program features a series of mental and spiritual wellness sessions alongside career orientation lectures designed to equip seniors with the tools and mindset they need beyond university life. The event is jointly organized by the Office for Student Affairs and Services, the Office of Career and Placement Services, the Office of Guidance Services, the Alumni Relations Office, and the United Seniors Organization of each campus.

- The Seniors AIM HIGH capped off at the Multi-Purpose Gym of the Talisay (Main) Campus on May 21, 2026 with the Job Fair and Career Day, Open to all CHMSU alumni and the general public, the fair brought together over 30 local and overseas companies and agencies offering more than 2,940 job vacancies, as well as government services courtesy of PhilHealth, Pag-IBIG Fund, and the Social Security System.
- Carlos Hilado Memorial State University (CHMSU) made regional history as the first institution in the Negros Island Region to establish a Center for Human Rights Education (CHRE), following the signing of a Memorandum of Agreement with the Commission on Human Rights (CHR) on May 22, 2026 at the CHMSU Talisay (Main) Campus Function Hall. The landmark MOA was signed between CHR Chairperson Atty. Richard Palpal-Latoc, represented during the ceremony by Commissioner Atty. Beda Epres, and CHMSU Vice President for Academic Affairs Engr. Russel Dela Torre on behalf of President Norberto Mangulabnan. Following the ceremony, the #AkoBatayan – May Karapatan ang Kabataan sa kanilang Kinabukasan, was held and brought together students, faculty, government officials, and youth organizations from Talisay City and Negros Occidental.



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National Commission for Culture and the Arts



World Health Organization
South-East Asia Region

SEA HEARTS

HOW CAN YOU CONTROL HYPERTENSION?

- Eat a healthy, low-salt diet
- Be physically active
- Quit tobacco
- Follow your doctor's advice
- Continue medications
- Maintain a healthy body weight

<https://www.facebook.com/share/p/16tisiSfaW/>

Source: World Health Organization