



Carlos Hilado Memorial State University CHMSU Messenger

Stay Connected. Get Engaged. Be Animated.



All deans, department chairs, and faculty members are enjoined to initiate and integrate the said themes in course lessons and activities. Office heads are likewise encouraged to help promote the theme in their offices.

The Week Ahead

Date	Time	Activity/ Event	In-charge	Audience/ Participants	Location/ Venue
Jan 8 – 10	8:00 am – 5:00 pm	CASinemalaya 2024	BA Social Science	All students	Global Learning Café & Function Hall, Green Building, Talisay (Main) Campus
Jan 11	1:00 pm	TAMA Project: Safe Sex Education		All students	Function Hall, 3 rd Floor, Green Building, Talisay (Main) Campus
Jan 13	8:00 am	Community Anti-Terrorism Awareness and Anti-illegal Drugs Campaign	Master of Public Administration & NSTP	NSTP students	Covered Court, Fortune Towne Campus

Highlights of the Week

- The Bachelor of Arts in Social Sciences 1st Year and 3rd Year under the class of Robert S. Pardillo, PhD held its annual CASinemalaya on January 3, 2024 at the Global Learning Café and Function Hall, Green Building, Talisay (Main) Campus. The event will continue until January 10, 2024.
- The Bachelor of Science in Management Accounting showcased their proficiency in Performance Management System on January 3, 2024 at the Fortune Towne Campus.
- Office for Student Affairs and Services turned over the key of the offices to the student government and the student publication on January 4, 2024 at the 2nd Floor, Student Center, Talisay (Main) Campus.
- The United Seniors Organization of CHMSU Fortune Towne Campus convened in the 2nd General Assembly on January 4, 2024 at the Covered Court, Fortune Towne Campus.
- The University Student Government of Talisay (Main) Campus held an Oath-taking Ceremony on

- January 5, 2024 at the Function Hall, Green Building, Talisay (Main) Campus.
- As the new year commence, CHMSU celebrated a First Friday Mass on January 5, 2024 at the Function Hall, Green Building, Talisay (Main) Campus.
- The Circle of Peer Facilitators conducted a Psychology First Aid Training on January 5, 2024 at the Function Hall, Green Building, Talisay (Main) Campus.

How can we practice Zero Waste at home and at school?

- 1 Compost**

Composting will dramatically cut down your landfill waste and help make you more aware about what you throw away.
- 2 Switch from Disposable to Reusable**

Once you're aware of what things you throw away, start looking for reusable alternatives. For every disposable item out there, you can generally find a reusable, sustainable alternative.
- 3 Pay Attention to Materials**

Take a look at what your products are made from and packaged in before you buy them. In general, try to buy items that are made from wood, stainless steel or glass.
- 4 Bring Your Own**

Bring your own cloth grocery bags as well as reusable produce bags. Instead of buying packaged goods, try to buy most of your items in bulk with cloth bags.
- 5 Keep a Kit**

Keeping a kit on hand for on-the-go is a great way to cut waste when you have a busy schedule and like to eat out.