



Carlos Hilado Memorial State University CHMSU Messenger

Stay Connected. Get Engaged. Be Animated.

Carlos Hilado Memorial State University
Alijis Campus • Binalbagan Campus • Fortune Towne Campus • Talisay (Main) Campus
Themes for the Month of February

National Dental Health Month
Theme: "Ngipin mo ay Alagaan, Tulad ng Inang Kalikasan"
www.chmsu.edu.ph

ANing SINING
Bayang Malikhain
National Arts Month 2024

Philippine Heart Month

Social Awareness Month

GREEN CHMSU EXCELSIOR!

All deans, department chairs, and faculty members are enjoined to initiate and integrate the said themes in course lessons and activities. Office heads are likewise encouraged to help promote the theme in their offices.

The Week Ahead					
Date	Time	Activity/ Event	In-charge	Audience/ Participants	Location/ Venue
Feb 5	3:00 – 5:00 pm	CHMSU for Jesus	University Student Government	Students	Gym, Talisay (Main) Campus
Feb 9		Special Non-working Holiday (Chinese New Year)			
Feb 10		Chinese New Year			
Feb 11		Talisay City Charter Day			

Highlights of the Week

- ✚ The Office for Student Affairs and Career and Job Placement Office partners with PhilApex Placement Agency, Inc., conducted an Orientation for BSIT OJT Students and BSIT Alumni on January 25, 2024, at the Gym, Talisay (Main) Campus.
- ✚ The MPA and DPA Scholars of ABANSE Negrense CPD gathered for a Tribute to the ABANSE Negrense Public Administration Scholars with Hon. Eugenio Jose V. Lacson, Provincial Governor, and Atty. Reyfrando P. Diaz, Provincial Administrator, on January 29, 2024, at the Function Hall, Green Building, Talisay (Main) Campus.
- ✚ The College of Business Management and Accountancy conducted a Meeting and Action Planning Workshop with faculty and designees on January 30, 2024, at the Audio-Visual Room, Fortune Towne Campus.
- ✚ The Bachelor of Arts in Social Science 2nd year headed by Robert S. Pardillo, PhD, BA Social Science Program Chair, held a Book Launching event at the AFLEx Spaces Library, 3rd Floor, LSA Building, Talisay (Main) Campus.
- ✚ Faculty, students, and staff of CHMSU Talisay (Main) Campus gathered for a First Friday Eucharistic Celebration on February 2, 2024, at the Gym, Talisay (Main) Campus, with Rev. Fr. Michael

Juan Alfredo Maria Cuenca, MMHC, as the president.

- ✚ The University Student Government Talisay Campus held a Pagdumala: A Leadership Seminar with resource speakers Rhoderick K. Samonte, Director for Internationalization and External Relations, Atty. Annie Rose B. Cuaysing is a legal assistant, and Djonald Andrade, BA in English Class of 2019, and former USG President.

COOL TRUTHS

- 10 Visiting the dentist at least twice a year is imperative for dental health.
- 9 We buy 18 yards of dental floss a year. We should buy 122 yards.
- 8 A Middle Age custom was to kiss a donkey for toothaches.
- 7 People prefer blue toothbrushes over red.
- 6 Tooth decay is the second most common disease after the cold.

ABOUT THE TOOTH

- 1 Tooth enamel is the hardest part of the human body.
- 2 One quarter of adults in the US have lost all their teeth.
- 3 Teeth start to form before we are born.
- 4 They're called wisdom teeth because they come in when you're older and wiser.
- 5 We produce 100,000 gallons of saliva in a lifetime which helps prevent tooth decay by moving food away from teeth.